



## The Flying Scots

Choreographed by John Sharman & Pete Cranwell

Description: 32 count, beginner/intermediate partner dance

Music: **Voices Of The Highlands** by Speed Limit [96 bpm / CD: [Keeping The Peace](#) / CD: Honkytonk Style]

Position: Sweetheart position

Start dancing on lyrics

TOE, HEEL, STEP, LOCK, STEP

1-2 Touch right toe to left instep, touch right heel to left instep

3&4 (Traveling forward diagonally right) Step forward on right, lock left behind right, step forward on right

TOE, HEEL, STEP, LOCK, STEP

5-6 Touch left toe to right instep, touch left heel to right instep

7&8 (Traveling forward diagonally left) Step on forward on left, lock right behind left, step forward on left

ROCK, RECOVER, SAILOR TURN

9-10 Rock forward on right, recover on left

11&12 Sweep right behind left making a quarter turn right, step on left making a further quarter turn right, step on right beside left

STEP, LOCK, STEP. STEP, LOCK, STEP

13&14 Step forward on left, lock right behind left, step forward on left

15&16 Step forward on right, lock left behind right, step forward on right

ROCK, RECOVER, SAILOR TURN

17-18 Rock forward on left, recover on right

19&20 Sweep left behind right making a quarter turn left, step on right making a further quarter turn left, step on left beside right

SHUFFLE HALF TURN LEFT TWICE

Drop right hands, hold left hands high

21&22 Shuffle forward on right, left, right while making a half turn to the left

23&24 Shuffle back on left, right, left, while making a further half turn left

SIDE, TOGETHER, HEEL, HOOK, STEP, LOCK, STEP

25&26 Touch right toe to right side, touch right toe next to left foot, touch right heel forward, hook right foot in front of left shin

27&28 Step forward on right, lock left behind right, step forward on right

SIDE, TOGETHER, HEEL, HOOK, STEP, LOCK, STEP

29&30 Touch left toe to left side, touch left toe beside right foot, touch left heel forward, hook left heel in front of right shin

31&32 Step forward on left, lock right behind left, step forward on left

REPEAT